

Broadoaks News Letter



Hello to all the residents and their families and friends, I hope you are all enjoying the start of Spring...

Since the last newsletter we have had lots of fun activities and events so here is an update on what has been happening and what's coming up...

We started the New Year by letting every one relax in January after a very busy December with lots of events; we thought everyone needed a little break. So in February we held a Valentines guess the amount of Love Hearts in the Jar competition, which John the Cook won!!

Big Well Done to him from all of us 😊



While the weather was nice I took a few residents out on the mini bus to the seafront for a Rossi ice cream, we have been a couple of

times with different residents so everyone gets a chance to see the Sea and enjoy the sun shine. As the weather gets nicer the more we will go outside, we are planning a trip to Priory Park Bandstand to watch a play or listen to the musical performances.

At the home we have been doing some different activities from afternoon Sing a long getting my lovely ladies and gents singing and dancing,





Rock and Roll Bingo which even the men have been enjoying and the ladies cannot help to get up and have a little dance.



The Conversation Ball which is lovely to do with a few people at a time, it prompts memories and starts conversations about lots of different things like their favourite smell or foods from their childhood, best things they have bought or wedding memories.

We have been using the laptop to practice writing letters and going on YouTube looking at different singers and comedians and playing with Snap Chat on my phone which Frank and Joan very much



enjoyed.

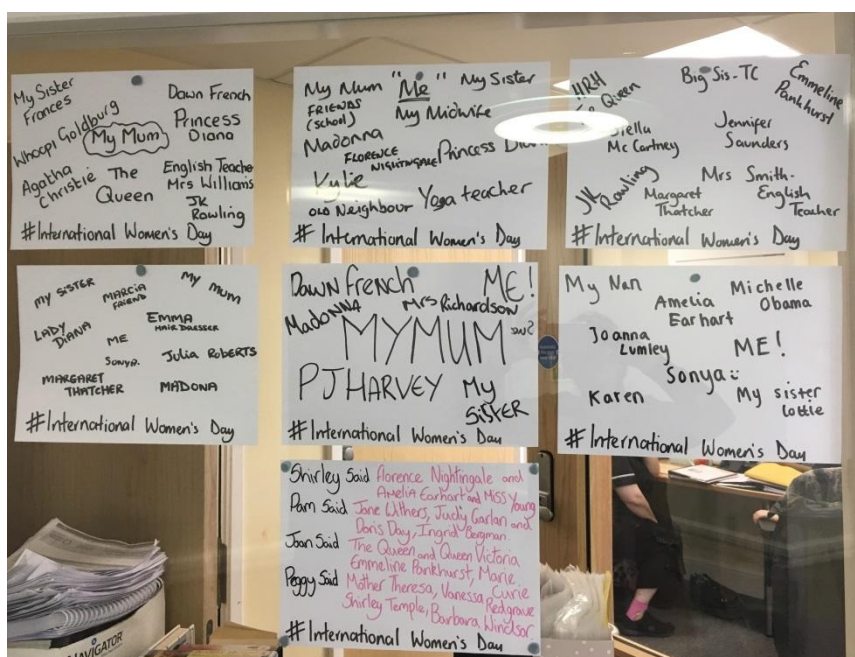


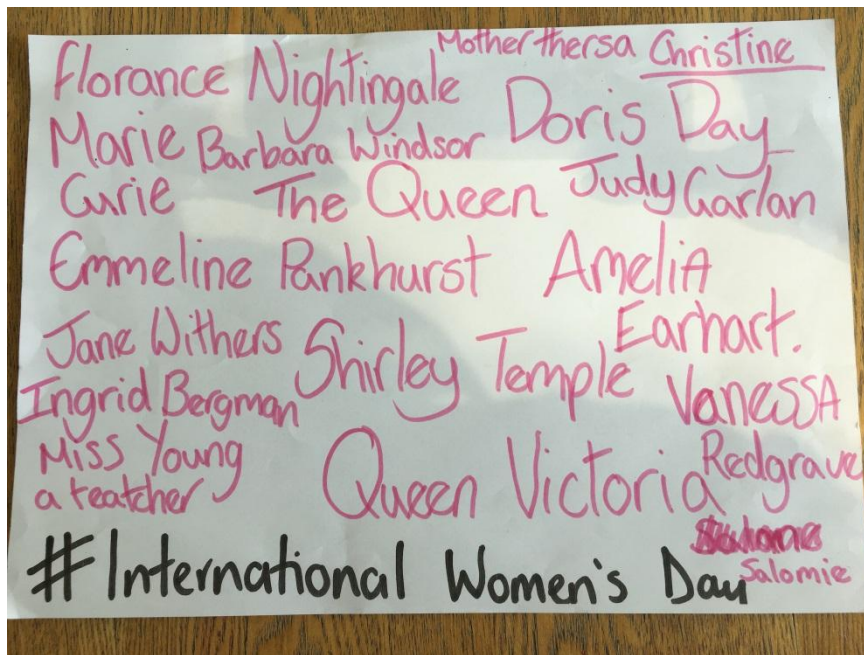
Then we had Shrove Tuesday or Pancake day to some, we held a competition to see who could flip the pancakes the most times? Which Beryl won with Joyce and Bob coming in Second place 😊





We have also Celebrated International Woman's Day on the 8th March where the staff and the residents all wrote down the women who have influenced us the most, and we talked about who they are and why they influenced us.





We were running an Easter Egg Raffle and the Winner was announced on Tuesday 23rd April, Well Done Mel and Tanya 😊



We had The Rochford Methodist Church come in to do an Easter Service on Monday 15th April, Thank you to the kind people of the church for giving their time to take part in the service.

We have started an indoor Garden in the main lounge, we will be growing this around the home as we think the residents will enjoy looking at and helping to look after the plants. This will hopefully help to improve the resident's well-being by getting them involved,

We are asking for any donations of Plants that you could spare...

Thank you in advance...





We have a lovely lady called Christie coming to the home in May to pamper the residents by giving hand massages and facials.

On Saturday the 15th June we are holding a Dementia Awareness Cup Cake Afternoon and the Strawberry Tea with Bucks Fizz afternoon on Sunday 13th July which I will advertise closer to the time, we also have our 30th Year Anniversary Celebrations in August. So we have another busy year to look forward to...